

Star Spangled Pancakes

Makes: 100 servings

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Ingredients	Weight	Measure
Yogurt, vanilla flavor, low-fat, bulk	12 lb 8 oz	
Strawberries, fresh, AP	9 lb	
Blueberries, fresh, AP	5 lb	
Pancakes, whole grain, heat and serve, 1 oz equivalent Grains		200 pancakes

Directions

1. Place yogurt in serving bowl. Chill for service. CCP: Hold for cold service at 41° F or below.
2. Wash and remove stems from strawberries. Quarter strawberries.
3. Wash blueberries. Mix with prepared strawberries. Place in serving bowl. CCP: Hold for cold service at 41° F or below.
4. Heat pancakes according to manufacturer's instructions. Hold warm for service. CCP: Hold for hot services at 135° F or higher.
5. To serve, place 2 pancakes on serving plate. Ladle 2 oz yogurt on pancakes. Top with ? cup mixed fruit.
6. Serve

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	233	
Total Fat	4.96 g	
Protein	6.56 g	
Carbohydrates	43.15 g	
Dietary Fiber	3.74 g	
Saturated Fat	1.13 g	
Sodium	298 mg	

Meal Components

Fruits	3/8 cup
Grains	2 ounces
Meat / Meat Alternate	1/2 ounce